

Game #10

Grade Levels

PK - 2

Materials

- 4 Copies of Feelings Memory Cards (pg. 49)
- Velcro
- Large Piece of Poster Board

Time Needed

Approximately 30 minutes

Skills Covered

- Understanding & Communicating Feelings
- Social Skills

Feelings Memory

Introduction

This is a great way to help students improve concentration, memory, and to better understand the meaning of feelings.

Pre-Game Directions

1. Make 4 copies of Feelings Memory Cards and cut them out. These should also be laminated if possible.
2. Put small piece of Velcro on side of card with writing.
3. Put forty pieces of opposite side of Velcro on poster board for each of the Feelings Memory Cards.
4. Hang poster board with memory cards in front of classroom.
5. Go over the meaning of the feeling words on the Feelings Memory Cards.
6. Help students think of some times they have felt these feelings.
7. Explain to students that they will be competing on teams to match the feelings cards. Teams get one point for each match and an additional point if the player describes a time he/she felt the feeling written on the matched cards.
8. Divide the class into two teams.

Game Directions

1. Player from Team A chooses two Feelings Memory Cards and turns them over. Player shows these two cards to the class. If cards do not match, player returns cards to their places on the board. If they match, Team A gets one point. Team A gets an additional point if player describes a time he/she felt the feeling written on the matched cards.
2. Team B continues as Team A.
3. Game continues as time allows. The team with the most points wins the game.

Follow-Up

- Which of the feelings did you like talking about the most? Which of the feelings did you like talking about the least?
- Name a person with whom you feel comfortable talking about your feelings. Why is it easy to talk to this person?
- How can you tell how someone is feeling? Can you tell by what he/she is saying? Can you tell by the look on his/her face? Can you tell by the way he/she is acting?

Feelings Memory Cards

Happy

Happy

Happy

Happy



Sad

Sad

Sad

Sad

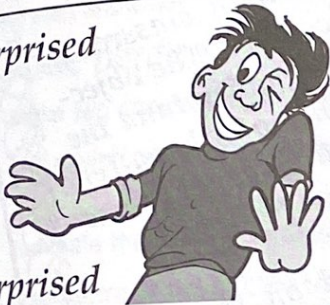


Surprised

Surprised

Surprised

Surprised



Scared

Scared

Scared

Scared



Angry

Angry

Angry

Angry

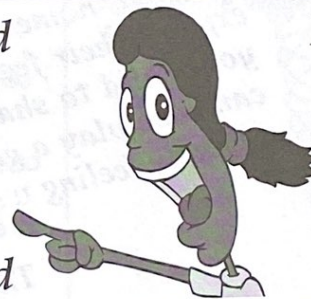


Excited

Excited

Excited

Excited



Disappointed

Disappointed

Disappointed

Disappointed



Nervous

Nervous

Nervous

Nervous



Embarrassed

Embarrassed

Embarrassed

Embarrassed



Thrilled

Thrilled

Thrilled

Thrilled

